## depression (I'm sorry)

I am tired. but not that kind of tired. not, *i need rest*, kind of tired.

the kind of tired that dwells in your bones and weighs more than your body.

the kind that lives under your eyes like stormy clouds over a town.

what I mean by *I am tired* is, I'm so sorry, please don't leave me.

what I mean by *I am tired* is, I want to be better, for you.

what I mean by *I am tired* is, I didn't mean to call you, crying. my eyes were just blurry from the tears, and you're the first pinned contact in my phone.

what I mean by *I am tired* is, some nights I am not as bright as you need me to be.

what I mean is, I am so, so, sorry. but last night I relapsed again, and I felt your disappointment.